

Monthly Activity Journal

Use this journal to record your monthly activities. Enter your activities each day. At the end of the week, add up your totals.

You will be surprised what you can accomplish this month. Remember to talk to your doctor before starting or changing your activity routine.

Activity:	11
Walking	
Time spent:	
2	hrs.

Month: _____

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Weekly total
Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Number of days: _____ Total hours: _____ hrs.
Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Number of days: _____ Total hours: _____ hrs.
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Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Activity: _____ Time spent: _____ hrs.	Number of days: _____ Total hours: _____ hrs.

IMPORTANT SAFETY INFORMATION

CADUET[®] (amlodipine besylate/atorvastatin calcium) tablets are not for everyone, including anyone who has previously had an allergic reaction to CADUET or to any of the inactive ingredients. It is not for those with liver problems. And it is not for women who are nursing, pregnant, or may become pregnant.

Please see Important Safety Information continued on the following page and accompanying full Prescribing Information and Patient Information.

IMPORTANT SAFETY INFORMATION (CONTINUED)

If you take CADUET[®] (amlodipine besylate/atorvastatin calcium) tablets, tell your doctor if you feel any new muscle pain or weakness. This could be a sign of rare but serious muscle side effects that can lead to kidney problems, including kidney failure. Tell your doctor about all your medical conditions and all medications you take. This may help avoid serious drug interactions. Your doctor should do blood tests to check your liver function before starting CADUET and during your treatment if you have symptoms of liver problems.

If you have had any heart problems, be sure to tell your doctor. It is rare, but when you first start taking the amlodipine component of CADUET or increase your dose, you may have a heart attack or your angina may get worse. If that happens, call your doctor right away or go directly to a hospital emergency room.

Tell your doctor if you have diabetes. Elevated blood sugar levels have been reported with statins, including the atorvastatin component of CADUET.

Serious side effects of CADUET include muscle problems, kidney problems and low blood pressure or dizziness.

Common side effects include swelling of your legs or ankles, dizziness, tiredness, extreme sleepiness, nausea, flushing (hot or warm feeling in your face), arrhythmia (irregular heartbeat), heart palpitations (very fast heartbeat), diarrhea, upset stomach, muscle and joint pain, and changes in some blood tests.

INDICATION

CADUET tablets are a prescription drug that combines two medicines, NORVASC[®] (amlodipine besylate) and LIPITOR[®] (atorvastatin calcium) tablets. **CADUET is used in adults who need both NORVASC and LIPITOR.**

NORVASC is prescribed to treat high blood pressure (hypertension), chest pain (angina) and blocked arteries of the heart (coronary artery disease). NORVASC can be used by itself or with other medicines that treat high blood pressure.

LIPITOR is used along with a low-fat diet to lower the LDL ("bad" cholesterol) and triglycerides in the blood. It can raise the HDL ("good" cholesterol) as well. LIPITOR is used to lower the risk of heart attack, stroke, certain types of heart surgery, and chest pain in patients who have heart disease or risk factors for heart disease such as age, smoking, high blood pressure, low HDL, or family history of early heart disease.

LIPITOR can also lower the risk of heart attack or stroke in patients with diabetes and risk factors such as diabetic eye or kidney problems, smoking, or high blood pressure.

CADUET is one of many options for treating high blood pressure and high cholesterol, in addition to diet and exercise that you and your doctor can consider.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

The health information contained herein is provided for educational purposes only and is not intended to replace discussions with a healthcare provider. All decisions regarding patient care must be made with a healthcare provider, considering the unique characteristics of the patient.

This product information is intended only for residents of the United States. The products discussed herein may have different product labeling in different countries.

For more information, visit www.Caduet.com.



Need help paying for your Pfizer medicines?

Pfizer Helpful Answers[®] may be able to help, regardless of your insurance situation. Learn how at www.PHAHelps.com

Please see accompanying full Prescribing Information and Patient Information.